

OTTER TRAIL GUIDE

TIDES APRIL 2020

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0640	1824	0845	2123	0159	1457
2	0641	1823	1045	----	0342	1733
3	0641	1821	0011	1244	0638	1907
4	0642	1819	0121	1344	0735	1955
5	0643	1818	0209	1431	0819	2035
6	0644	1817	0251	1515	0859	2113
7	0644	1816	0332	1556	0939	2149
8	0645	1815	0412	1635	1018	2226
9	0645	1814	0451	1713	1056	2302
10	0646	1813	0529	1751	1133	2338
11	0647	1811	0607	1827	1210	----
12	0648	1810	0644	1905	0016	1246
13	0648	1808	0723	1949	0056	1325
14	0649	1807	0810	2056	0145	1414
15	0650	1806	0934	2343	0307	1608
16	0651	1804	1216	----	0612	1845
17	0652	1803	0058	1320	0713	1933
18	0652	1802	0142	1401	0750	2006
19	0653	1801	0217	1434	0820	2034
20	0654	1759	0248	1504	0847	2059
21	0655	1758	0316	1532	0914	2125
22	0656	1757	0344	1559	0942	2150
23	0656	1756	0412	1627	1009	2216
24	0657	1755	0440	1654	1037	2242
25	0658	1753	0507	1722	1106	2310
26	0659	1752	0536	1751	1136	2339
27	0700	1751	0607	1823	1208	----
28	0700	1750	0642	1901	0013	1245
29	0701	1749	0727	1953	0056	1333
30	0702	1749	0832	2116	0157	1439

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

